

AMERICA'S GUIDE TO A HEALTHY MIND, BODY AND SPIRIT

# NEWLIFE

NOVEMBER  
DECEMBER  
2009

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**Healthy Yoga Getaways**

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**Preventing Swine Flu  
Naturally**

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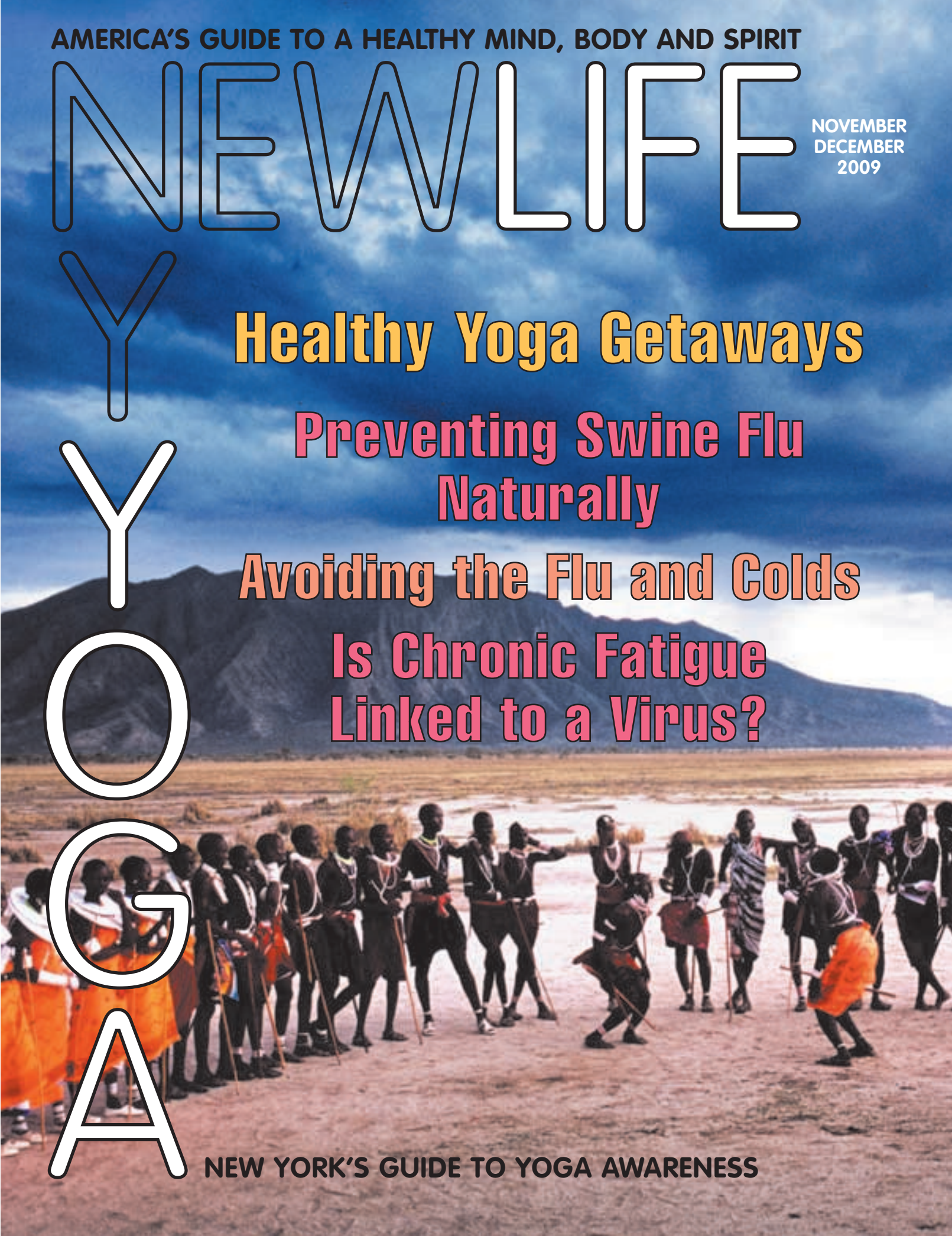
**Avoiding the Flu and Colds**

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NEW YORK'S GUIDE TO YOGA AWARENESS



### Oh My God

A film by Peter Rodger

[www.omgmovie.com](http://www.omgmovie.com)

In every corner of the world, there's one question that can never be definitively answered, yet stirs up equal parts passion, curiosity, self-reflection and often wild imagination: "What is God?" Filmmaker Peter Rodger explores this profound, age-old query in the provocative non-fiction feature *Oh My God*. Frustrated with religious turmoil, fanaticism and fundamentalism, he set out on a global quest to understand why the concept of God has become politicized. The result is a stunningly, beautiful documentary which debuts at the Sunshine Theatre in New York City on November 13.

This visual odyssey travels the globe with a revealing lens examining the idea of God through the minds and eyes of various religions and cultures, everyday people, spiritual leaders and celebrities. His goal: to give the viewer the personal, visceral experience of some kind of reasonable, meaningful definition of one of the most used — some might say overused—words in most every language.

Rodger's quest takes him from the United States to Africa, from the Middle East to the Far East, where such fundamental

Hugh Jackman



in candid discussions with the various Christians, Catholics, Muslims, Jews, Hindus, Buddhists and even atheists the filmmaker meets along the way. But maybe it's former Beatle Ringo Starr who sums it up best here when he simply says, "God is love."

*Oh My God* features inviting faces and personalities that are a touching reminder of the melting pot that we call humanity and the mystery that we have given many names. Starring Hugh Jackman, Seal, Ringo Starr, Sir Bob Geldof, Princess Michael of Kent, David Copperfield, Dr. John F. DeMartini and Jack Thompson.

issues as: "Did God create man or did man create God?, "Is there one God for all religions?" and "If God exists, why does he allow so much suffering?" are explored



Ringo Starr

